

Creating a peaceful and relaxing environment within our spa.

Using only the best products, our focus is on relaxation, mental health as well as physical wellbeing.

We can tailor any treatment to your individual needs, whether you're looking for a therapeutic deep tissue massage, or simply in need of some pamper time.



Five Mountains
Guest Farm

Bainskloof Road, Wellington



Spa

PRICE LIST



MASSAGES

Indian Head Massage (25 min) R 485
Scalp massage, which releases any underlying tension in the head, neck & shoulders

Swedish Back and Neck (30 min) R 510
A medium pressure is applied during this massage to help combat even the tightest of muscles.

Hot Stone Back and Neck (30 min)..... R 570
The heat from the Basalt Hot Stones penetrates to a deeper level.

Swedish Full Body (60 min) R 890

Hot Stone Full Body (60 min) R 990

THERAVINE FACIALS

Express Cleansing Facial (30 min) R 510
Basic express facial for all skin types

Customised Facial (60 min) R 780
Skin analysis determined treatment

HydraVine™ Facial (60 min) R 830
For very dry, sensitive skin needing intense hydration and vitamin boost

TheraVine™ Facial (60 min) R 890
Replenishing treatment, assisting in reducing fine lines and wrinkles using specialised booster serums to combat the signs of ageing.

AromaVine™ Facial (60 min) R 1 020
Pure luxury! Enjoy a relaxing back, neck, shoulder & scalp massage while ampules are lavishly applied to your face reversing time-ravaged skin.



THERAVINE BODY TREATMENTS

TheraVine™ Hair and Scalp Treatment (30 min) R 510
Stress relieving scalp massage using a scalp tonic, conditioning hair oil & hair mask to leave your hair silky soft & shining.

MusculaVine™ Back Massage
A carefully selected oil is used to massage the back, neck & shoulders to relieved muscle spasms & fatigue.

30 minutes	R 575
40 minutes	R 780
60 minutes	R 1 020

Exfoliation, Pinotage/Lime Salt Glow (30 min) R 575

MusculaVine™ Exfoliation, Friction rub (30 min) R 575

AromaVine™ Pinotage Massage (60 min) R 990
The AromaVine massage focuses on specific concerns of the body & makes use of carefully blended oils to promote relaxation, uplifting & detoxifying.

MusculaVine™ Massage (60 min) R 1 020
Oils & circulating gels are used to leave your body feeling refreshed & reinvigorated. This massage is to help ease the pains of muscle spasms, arthritis, rheumatism & fatigue.

TheraVine™ Face & Body Glow Experience (90 min) R 1 270
Full body & face exfoliation & massage. Relaxation from head to toe.



BEAUTY

Manicures and Pedicures

Express Manicure	R 480
Express Pedicure	R 520
Manicure	R 520
Pedicure	R 635
Luxury Paraffin Manicure	R 635
Luxury Paraffin Pedicure	R 750
Mani & Pedi Combo	R 980
+ Paraffin dip	R 110
Add on French Paint	R 100

Hair Removal

Lip/Chin/Brow/Stomach	R 190
Bikini/Underarm	R 405
Lip & Chin	R 405
Half Leg/Arms	R 450
Full Leg	R 520
Half Leg & Bikini	R 800
Brazilian Wax	R 640
Hollywood Wax	R 750
Back	R 490

Tinting

Brow	R 200
Lash	R 200
Brow & Lash	R 260



Opening Hours
9:00-16:00

**All bookings must be made 48 hours
in advance.**

For Enquiries & Bookings

Sue Botha
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PACKAGES

Half Day Package (3 Treatments) R 1 400

*Book a morning or afternoon slot.
Package Includes Swedish Back & Neck
Massage (30 min), Express Cleansing
Facial (30 min), TheraVine Hair and
Scalp Treatment (30 min)*

Group Special..... R 510 p/p

*Book 4 spots and get one extra free.
Each member of your group may select a
treatment of their choice (up to 30 min)*

Add Lunch from R 200/person

Gift Vouchers

*Don't hesitate to contact us should you
wish to gift a spa day to someone.*